

## 東灣長樂會(TASS-EB)定期活動

宗旨: 提供適合大眾的多元性節目以充實退休生活、並達社交連誼之效

日期: 每月每個星期二，上午 10 時至下午 3 時

**First and Third Tuesday of the month** – speech and fun activities (mahjong, bridge, ping-pong and social/chatting)

10:00-10:30 am: Exercise

10:30-12:00 am: Speeches

1:00 pm -3:00 pm: Fun activities

**Also Third Tuesday of the month**

1:00 – 3:00 Photography (at the library of EBFUMC)

**Second Tuesday of the month - SIG**

10:30-12:00 am: Computer/smart phone

1:00-3:00 pm: Investment

**Fourth Tuesday of the month SIG**

10:00am-3:00 pm: Flower arrangement, Sing Along, Line Dance

**Also Fourth Tuesday of even months**

1:00 – 2:30 pm: Writing Group

地點: 東灣台灣基督教會 (EBFUMC) 1755 Sunnyvale Ave., Walnut Creek, CA 94597

詳情請洽: 洪孟陽 (309)287-5654 mengymc@gmail.com; or 洪美和(925)449-6002 hbiho2@gmail.com.